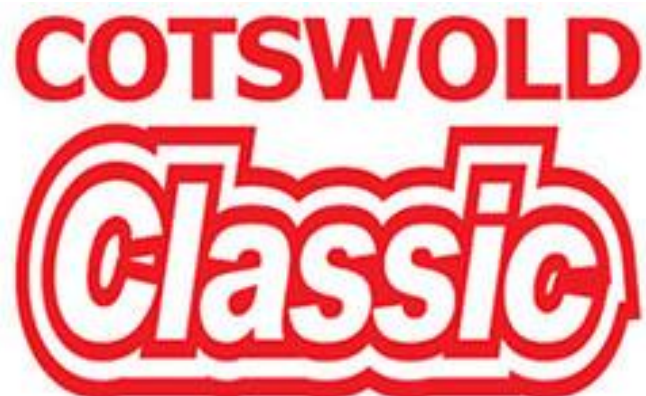


# CONGRATULATIONS Sam SHEPHERD

on completing:



Organised by:



**Total Time: 4:07:10.1**

**Swim**

26:43.1

**Bike**

2:14:33.1

**Run**

1:22:43.2