

# CONGRATULATIONS Adam FREEMAN

on officially completing the Cyprus K1 Man

**DB MAX**  
SPORTS TIMING



**SBA Episkopi**

**K1 MAN**  
**SWIM - BIKE - RUN**



**Total Time:** 7:07:18

**Swim**

37:19

**Bike**

3:58:17

**Run**

2:24:17