



**G R 2 0**



**T R 1 6**

**CONGRATULATIONS**  
**Emily NAGEL**  
**ON COMPLETING THE**  
**GTR Standard Triathlon**

**Finish Time**

**3:14:56.9**

**Overall Position**

**42 of 104**

**Gender Position**

**4 of 20**

**Category Position**

**2 of 9**

**Swim Split**

**24:59.3**

**Bike Split**

**1:51:44.8**

**Run Split**

**55:10.8**

